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Land Restoration - Ilan Chabay 2015-10-08
Land Restoration: Reclaiming Landscapes for a Sustainable Future provides a holistic overview of land degradation and restoration in that it addresses the issue of land restoration from the scientific and practical development points of view. Furthermore, the breadth of chapter topics and contributors cover the topic and a wealth of connected issues, such as

security, development, and environmental issues. The use of graphics and extensive references to case studies also make the work accessible and encourage it to be used for reference, but also in active field-work planning. Land Restoration: Reclaiming Landscapes for a Sustainable Future brings together practitioners from NGOs, academia, governments, and the United Nations Convention to Combat Desertification

(UNCCD) to exchange lessons to enrich the academic understanding of these issues and the solution sets available. Provides accessible information about the science behind land degradation and restoration for those who do not directly engage with the science allowing full access to the issue at hand. Includes practical on-the-ground examples garnered from diverse areas, such as the Sahel, Southeast Asia, and the U.S.A. Provides practical tools for designing and implementing restoration/re-greening processes.

A Practical Guide for Medical Teachers - John Dent

2017-04-26

The Fifth Edition of the highly praised Practical Guide for Medical Teachers provides a bridge between the theoretical aspects of medical education and the delivery of enthusiastic and effective teaching in basic science and clinical medicine. Healthcare professionals are committed teachers and this book is an essential guide to help them maximise their performance. This highly

regarded book recognises the importance of educational skills in the delivery of quality teaching in medicine. The contents offer valuable insights into all important aspects of medical education today. A leading educationalist from the USA joins the book's editorial team. The continual emergence of new topics is recognised in this new edition with nine new chapters: The role of patients as teachers and assessors; Medical humanities; Decision-making; Alternative medicine; Global awareness; Education at a time of ubiquitous information; Programmatic assessment; Student engagement; and Social accountability. An enlarged group of authors from more than 15 countries provides both an international perspective and a multi-professional approach to topics of interest to all healthcare teachers.

Clinical Case Studies for the Family Nurse Practitioner -

Leslie Neal-Boylan 2011-11-28
Clinical Case Studies for the Family Nurse Practitioner is a

key resource for advanced practice nurses and graduate students seeking to test their skills in assessing, diagnosing, and managing cases in family and primary care. Composed of more than 70 cases ranging from common to unique, the book compiles years of experience from experts in the field. It is organized chronologically, presenting cases from neonatal to geriatric care in a standard approach built on the SOAP format. This includes differential diagnosis and a series of critical thinking questions ideal for self-assessment or classroom use.

The Vitamins - Gerald F. Combs, Jr. 2007-10-30

The third edition of this bestselling text will again provide the latest coverage of the biochemistry and physiology of vitamins and vitamin-like substances. Extensively revised and expanded on the basis of recent research findings with enlarged coverage of health effects of vitamin-like factors, it is ideally suited for students

and an important reference for anyone interested in nutrition, food science, animal science or endocrinology. It contains a cohesive and well-organized presentation of each of the vitamins, as well as the history of their discoveries and current information about their roles in nutrition and health. NEW TO THIS EDITION: *Includes approximately 30% new material *Substantial updates have been made to chapters on vitamins A, C, E, K, folate, and the quasi-vitamins *Provides checklists of systems affected by vitamin deficiencies and food sources of vitamins *Key concepts, learning objectives, vocabulary, case studies, study questions and additional reading lists are included making this ideally suited for students * Thoroughly updated with important recent research results, including citations to key reports, many added tables and several new figures. *Addition of Health and Nutrition Examination Survey (HANES III) data *Updated Dietary Reference Values
Nutrition and Enhanced Sports

Performance - Debasis Bagchi
2013-07-26

Nutrition and Enhanced Sports Performance: Muscle Building, Endurance, and Strength provides a comprehensive overview to understanding the integrated impact of nutrition on performance. The book is divided into five main themes: An introductory overview of the role of nutrition in human health Various types of physical exercises, including cardiovascular training, resistance training, aerobic and anaerobic exercise, bioenergetics, and energy balance. This section also covers the nutritional requirements associated with various fitness programs, as well as exercise and nutritional requirements in special populations, including the pre-pubertal, young, elderly, and disabled. Sports and nutritional requirements. The molecular mechanisms involved in muscle building A thorough review of various food, minerals, supplements, phytochemicals, amino acids, transition metals, small molecules and other

ergogenic agents that have been implicated in muscle building and human performance This book is an ideal resource for nutritionists, dietitians, exercise physiologists, health practitioners, researchers, students, athletes, trainers, and all those who wish to broaden their knowledge of nutrition and its role in human performance. Discusses the impact of nutrition, including food, minerals, vitamins, hormones, trace elements, etc., that can significantly attenuate/improve human performance and sports Addresses the molecular and cellular pathways involved in the physiology of muscle growth and the mechanisms by which nutrients affect muscle health, growth and maintenance Encompasses multiple forms of sports/performance and the salient contribution of appropriate nutrition on special populations, including nutritional guidelines and recommendations to athletes Strong focus on muscle

building

Reflective Practice in Nursing -
Lioba Howatson-Jones
2016-02-27

Would you like to develop some strategies to manage knowledge deficits, near misses and mistakes in practice? Are you looking to improve your reflective writing for your portfolio, essays or assignments? Reflective practice enables us to make sense of, and learn from, the experiences we have each day and if nurtured properly can provide skills that will you come to rely on throughout your nursing career. Using clear language and insightful examples, scenarios and case studies the third edition of this popular and bestselling book shows you what reflection is, why it is so important and how you can use it to improve your nursing practice. Key features:

- Clear and straightforward introduction to reflection directly written for nursing students and new nurses
- Full of activities designed to build confidence when using reflective practice
- Each

chapter is linked to relevant NMC Standards and Essential Skills Clusters

Knowledge Management in Theory and Practice, third edition - Kimiz Dalkir
2017-12-22

A new, thoroughly updated edition of a comprehensive overview of knowledge management (KM), covering theoretical foundations, the KM process, tools, and professions. The ability to manage knowledge has become increasingly important in today's knowledge economy. Knowledge is considered a valuable commodity, embedded in products and in the tacit knowledge of highly mobile individual employees. Knowledge management (KM) represents a deliberate and systematic approach to cultivating and sharing an organization's knowledge base. This textbook and professional reference offers a comprehensive overview of the field. Drawing on ideas, tools, and techniques from such disciplines as sociology, cognitive science,

organizational behavior, and information science, it describes KM theory and practice at the individual, community, and organizational levels. Chapters cover such topics as tacit and explicit knowledge, theoretical modeling of KM, the KM cycle from knowledge capture to knowledge use, KM tools, KM assessment, and KM professionals. This third edition has been completely revised and updated to reflect advances in the dynamic and emerging field of KM. The specific changes include extended treatment of tacit knowledge; integration of such newer technologies as social media, visualization, mobile technologies, and crowdsourcing; a new chapter on knowledge continuity, with key criteria for identifying knowledge at risk; material on how to identify, document, validate, share, and implement lessons learned and best practices; the addition of new categories of KM jobs; and a new emphasis on the role of KM in innovation.

Supplementary materials for instructors are available online.

Food and Beverage

Management - Bernard Davis
2013-01-11

This introductory textbook provides a thorough guide to the management of food and beverage outlets, from their day-to-day running through to the wider concerns of the hospitality industry. It explores the broad range of subject areas that encompass the food and beverage market and its five main sectors - fast food and popular catering, hotels and quality restaurants and functional, industrial, and welfare catering. New to this edition are case studies covering the latest industry developments, and coverage of contemporary environmental concerns, such as sourcing, sustainability and responsible farming. It is illustrated in full colour and contains end-of-chapter summaries and revision questions to test your knowledge as you progress. Written by authors with many years of industry practice and teaching experience, this book

is the ideal guide to the subject for hospitality students and industry practitioners alike.

WHO Guidelines for Indoor Air Quality - World Health Organization 2010

This book presents WHO guidelines for the protection of public health from risks due to a number of chemicals commonly present in indoor air. The substances considered in this review, i.e. benzene, carbon monoxide, formaldehyde, naphthalene, nitrogen dioxide, polycyclic aromatic hydrocarbons (especially benzo[a]pyrene), radon, trichloroethylene and tetrachloroethylene, have indoor sources, are known in respect of their hazardousness to health and are often found indoors in concentrations of health concern. The guidelines are targeted at public health professionals involved in preventing health risks of environmental exposures, as well as specialists and authorities involved in the design and use of buildings, indoor materials and products. They provide a scientific basis

for legally enforceable standards.

Ebersole and Hess'
Gerontological Nursing and Healthy Aging - Theris A. Touhy 2010

With a strong focus on health and wellness, this gerontological nursing text offers you a holistic perspective to caring for older adults. Designed to facilitate the healthiest adaptation possible, this text identifies potential problems that may occur and the means to address complications, alleviate discomfort, and help older adults lead healthy lives. Disease processes are discussed in the context of healthy adaptation, nursing support, and nursing responsibilities to help you gain an understanding of your clients' experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for

older adults. Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers. Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use. Incorporates assessment guidelines throughout provide useful tools for practice. End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content. Resource lists provide you with additional means to explore ways to care for the older adult. Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing. Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Expanded sexuality-related content

includes older adults living with AIDS and STDs. Genetics section reflects the emergence of the role of genetics in gerontological assessment. Biodiversity and Biomedicine - Munir Ozturk 2020-07-15 Biodiversity and Biomedicine: Our Future provides a new outlook on Earth's animal, plant, and fungi species as vital sources for human health treatments. While there are over 10 million various species on the planet, only 2 million have been discovered and named. This book identifies modern ways to incorporate Earth's species into biomedical practices and emphasizes the need for biodiversity conservation. Written by leading biodiversity and biomedical experts, the book begins with new insights on the benefits of biologically active compounds found in fungi and plants, including a chapter on the use of wild fruits as a treatment option. The book goes on to discuss the roles of animals, such as amphibians and reptiles, and how the threatened presence of these

species must be reversed to conserve biodiversity. It also discusses marine organisms, including plants, animals, and microbes, as essential in contributing to human health. Biodiversity and Biomedicine: Our Future is a vital source for researchers and practitioners specializing in biodiversity and conservation studies. Students in natural medicine and biological conservation will also find this useful to learn of the world's most bio-rich communities and the molecular diversity of various species. Presents new developments in documenting and identifying species for biodiversity conservation and ethical considerations for biodiversity research Examines biodiversity as an irreplaceable resource for biomedical breakthroughs using available species for medical research Discusses challenges and opportunities for biodiversity protection and research in biosphere reserves

The Biogeography of the Australian North West Shelf

- Barry Wilson 2013-06-11

The Biogeography of the

Australian North West Shelf provides the first assembly of existing information of the North West Shelf in terms of geological, oceanographic and climatological history and current understanding of such issues as biodiversity, connectivity, larval dispersal and speciation in the sea that determine the distribution patterns of its invertebrate fauna. It is intended as a source of information and ideas on the biota of the shelf and its evolutionary origins and affinities and the environmental drivers of species' ecology and distribution and ecosystem function. Regulators and industry environmental managers worldwide, but especially on the resource-rich North West Shelf, are faced with having to make decisions without adequate information or understanding of conservation values or the factors that drive ecosystem processes and resilience in the face of increasing anthropogenic and natural change. This book will provide

a resource of information and ideas and extensive references to issues of primary concern. It will provide a big-picture narrative, putting the marine biota into a geological, evolutionary, and regional biodiversity context. The first book to cover the major benthic habitats and physical and ecological condition of the North West Shelf of Australia Covers new information on geomorphology and biota of coral reefs and other invertebrate habitats that are key species and functional groups of the North West Shelf Introduces new ideas on biogeographic processes and patterns in tropical seas

The 71F Advantage - National Defense University Press
2010-09-01

Includes a foreword by Major General David A. Rubenstein. From the editor: "71F, or "71 Foxtrot," is the AOC (area of concentration) code assigned by the U.S. Army to the specialty of Research Psychology. Qualifying as an Army research psychologist requires, first of all, a Ph.D.

from a research (not clinical) intensive graduate psychology program. Due to their advanced education, research psychologists receive a direct commission as Army officers in the Medical Service Corps at the rank of captain. In terms of numbers, the 71F AOC is a small one, with only 25 to 30 officers serving in any given year. However, the 71F impact is much bigger than this small cadre suggests. Army research psychologists apply their extensive training and expertise in the science of psychology and social behavior toward understanding, preserving, and enhancing the health, well being, morale, and performance of Soldiers and military families. As is clear throughout the pages of this book, they do this in many ways and in many areas, but always with a scientific approach. This is the 71F advantage: applying the science of psychology to understand the human dimension, and developing programs, policies, and products to benefit the person

in military operations. This book grew out of the April 2008 biennial conference of U.S. Army Research Psychologists, held in Bethesda, Maryland. This meeting was to be my last as Consultant to the Surgeon General for Research Psychology, and I thought it would be a good idea to publish proceedings, which had not been done before. As Consultant, I'd often wished for such a document to help explain to people what it is that Army Research Psychologists "do for a living." In addition to our core group of 71Fs, at the Bethesda 2008 meeting we had several brand-new members, and a number of distinguished retirees, the "grey-beards" of the 71F clan. Together with longtime 71F colleagues Ross Pastel and Mark Vaitkus, I also saw an unusual opportunity to capture some of the history of the Army Research Psychology specialty while providing a representative sample of current 71F research and activities. It seemed to us especially important to do this

at a time when the operational demands on the Army and the total force were reaching unprecedented levels, with no sign of easing, and with the Army in turn relying more heavily on research psychology to inform its programs for protecting the health, well being, and performance of Soldiers and their families."

[The European Blood and Marrow Transplantation Textbook for Nurses](#) - Michelle Kenyon 2018-03-14

This book is open access under a CC BY 4.0 license. This textbook, endorsed by the European Society for Blood and Marrow Transplantation (EBMT), provides adult and paediatric nurses with a full and informative guide covering all aspects of transplant nursing, from basic principles to advanced concepts. It takes the reader on a journey through the history of transplant nursing, including essential and progressive elements to help nurses improve their knowledge and benefit the patient experience, as well as a comprehensive

introduction to research and auditing methods. This new volume specifically intended for nurses, complements the ESH-EBMT reference title, a popular educational resource originally developed in 2003 for physicians to accompany an annual training course also serving as an educational tool in its own right. This title is designed to develop the knowledge of nurses in transplantation. It is the first book of its kind specifically targeted at nurses in this specialist field and acknowledges the valuable contribution that nursing makes in this area. This volume presents information that is essential for the education of nurses new to transplantation, while also offering a valuable resource for more experienced nurses who wish to update their knowledge.

Actuaries' Survival Guide -

Fred Szabo 2012-05-21

What would you like to do with your life? What career would allow you to fulfill your dreams of success? If you like mathematics-and the prospect

of a highly mobile, international profession-consider becoming an actuary. Szabo's Actuaries' Survival Guide, Second Edition explains what actuaries are, what they do, and where they do it. It describes exciting combinations of ideas, techniques, and skills involved in the day-to-day work of actuaries. This second edition has been updated to reflect the rise of social networking and the internet, the progress toward a global knowledge-based economy, and the global expansion of the actuarial field that has occurred since the first edition. Includes details on the new structures of the Society of Actuaries' (SOA) and Casualty Actuarial Society (CAS) examinations, as well as sample questions and answers. Presents an overview of career options, includes profiles of companies & agencies that employ actuaries. Provides a link between theory and practice and helps readers understand the blend of qualitative and quantitative skills and knowledge required

to succeed in actuarial exams
Includes insights provided by
over 50 actuaries and actuarial
students about the actuarial
profession Author Fred Szabo
has directed the Actuarial Co-
op Program at Concordia for
over fifteen years

International Books in Print
- 1979

**The Comprehensive
Textbook of Healthcare
Simulation** - Adam I. Levine
2013-06-18

The Comprehensive Textbook
of Healthcare Simulation is a
cohesive, single-source
reference on all aspects of
simulation in medical
education and evaluation. It
covers the use of simulation in
training in each specialty and
is aimed at healthcare
educators and administrators
who are developing their own
simulation centers or programs
and professional organizations
looking to incorporate the
technology into their
credentialing process. For
those already involved in
simulation, the book will serve
as a state-of-the-art reference

that helps them increase their
knowledge base, expand their
simulation program's
capabilities, and attract new,
additional target learners.
Features: • Written and edited
by pioneers and experts in
healthcare simulation •
Personal memoirs from
simulation pioneers • Each
medical specialty covered •
Guidance on teaching in the
simulated environment • Up-to-
date information on current
techniques and technologies •
Tips from "insiders" on
funding, development,
accreditation, and marketing of
simulation centers • Floor
plans of simulation centers
from across the United States •
Comprehensive glossary of
terminology

**Pre-Incident Indicators of
Terrorist Incidents** - Brent L.
Smith 2011-01

This is a print on demand
edition of a hard to find
publication. Explores whether
sufficient data exists to
examine the temporal and
spatial relationships that
existed in terrorist group
planning, and if so, could

patterns of preparatory conduct be identified? About one-half of the terrorists resided, planned, and prepared for terrorism relatively close to their eventual target. The terrorist groups existed for 1,205 days from the first planning meeting to the date of the actual/planned terrorist incident. The planning process for specific acts began 2-3 months prior to the terrorist incident. This study examined selected terrorist groups/incidents in the U.S. from 1980-2002. It provides for the potential to identify patterns of conduct that might lead to intervention prior to the commission of the actual terrorist incidents.

Illustrations.

[Leadership and Nursing Care Management - E-Book](#) - Diane Huber 2013-08-07

Comprehensive and easy to read, this authoritative resource features the most up-to-date, research-based blend of practice and theory related to the issues that impact nursing management and leadership today. Key topics

include the nursing professional's role in law and ethics, staffing and scheduling, delegation, cultural considerations, care management, human resources, outcomes management, safe work environments, preventing employee injury, and time and stress management. Research Notes in each chapter summarize relevant nursing leadership and management studies and show how research findings can be applied in practice. Leadership and Management Behavior boxes in each chapter highlight the performance and conduct expected of nurse leaders, managers, and executives. Leading and Managing Defined boxes in each chapter list key terminology related to leadership and management, and their definitions. Case Studies at the end of each chapter present real-world leadership and management situations and illustrate how key chapter concepts can be applied to actual practice. Critical Thinking Questions at

the end of each chapter present clinical situations followed by critical thinking questions that allow you to reflect on chapter content, critically analyze the information, and apply it to the situation. A new Patient Acuity chapter uses evidence-based tools to discuss how patient acuity measurement can be done in ways that are specific to nursing. A reader-friendly format breaks key content into easy-to-scan bulleted lists. Chapters are divided according to the AONE competencies for nurse leaders, managers, and executives. Practical Tips boxes highlight useful strategies for applying leadership and management skills to practice. Handbook of Sepsis - W. Joost Wiersinga 2018-04-13 This practically oriented book provides an up-to-date overview of all significant aspects of the pathogenesis of sepsis and its management, including within the intensive care unit. Readers will find information on the involvement of the coagulation and endocrine systems during

sepsis and on the use of biomarkers to diagnose sepsis and allow early intervention. International clinical practice guidelines for the management of sepsis are presented, and individual chapters focus on aspects such as fluid resuscitation, vasopressor therapy, response to multiorgan failure, antimicrobial therapy, and adjunctive immunotherapy. The closing section looks forward to the coming decade, discussing novel trial designs, sepsis in low- and middle-income countries, and emerging management approaches. The book is international in scope, with contributions from leading experts worldwide. It will be of value to residents and professionals/practitioners in the fields of infectious diseases and internal medicine, as well as to GPs and medical students.

Breastfeeding - Ruth A. Lawrence 1999 Breastfeeding is a comprehensive clinical resource providing the information necessary to

manage a nursing mother and child from conception through complete weaning. It will empower clinicians to provide thoughtful counseling and guidance to the breastfeeding family, stressing the importance of delivering care that is customized to each family's individual needs. The new fifth edition incorporates the latest information on infection, drugs in human breast milk, and human lactation. By utilizing scientific, evidence-based data, Breastfeeding is an indispensable reference for anyone whose patients include breastfeeding women.

Principles of Nutrigenetics and Nutrigenomics - Raffaele De Caterina 2019-09-22

Principles of Nutrigenetics and Nutrigenomics: Fundamentals for Individualized Nutrition is the most comprehensive foundational text on the complex topics of nutrigenetics and nutrigenomics. Edited by three leaders in the field with contributions from the most well-cited researchers conducting groundbreaking

research in the field, the book covers how the genetic makeup influences the response to foods and nutrients and how nutrients affect gene expression. *Principles of Nutrigenetics and Nutrigenomics: Fundamentals for Individualized Nutrition* is broken into four parts providing a valuable overview of genetics, nutrigenetics, and nutrigenomics, and a conclusion that helps to translate research into practice. With an overview of the background, evidence, challenges, and opportunities in the field, readers will come away with a strong understanding of how this new science is the frontier of medical nutrition. *Principles of Nutrigenetics and Nutrigenomics: Fundamentals for Individualized Nutrition* is a valuable reference for students and researchers studying nutrition, genetics, medicine, and related fields. Uniquely foundational, comprehensive, and systematic approach with full evidence-based coverage of established and emerging

topics in nutrigenetics and nutrigenomics Includes a valuable guide to ethics for genetic testing for nutritional advice Chapters include definitions, methods, summaries, figures, and tables to help students, researchers, and faculty grasp key concepts Companion website includes slide decks, images, questions, and other teaching and learning aids designed to facilitate communication and comprehension of the content presented in the book

Herpetology - Laurie J. Vitt
2012-12-02

Herpetology has always been one of the most exciting disciplines of zoology. During the past few years the field has continued to grow, yet it has been plagued by scarcity of comprehensive, up-to-date textbooks containing the most important developments. This timely book fills that void. Through skillful synthesis, the author summarizes the diversity in the biology of living amphibians and reptiles and describes the breadth of current herpetological

research. Topics covered include the evolution, classification, development, reproduction, population, and environmental issues surrounding the study of amphibians and reptiles. Designed as an advanced undergraduate textbook, Herpetology is a valuable resource for students, practitioners, and interested amateurs alike. Provides an incisive survey and much needed update of the field Emphasizes the biological diversity among amphibians and reptiles Details the most recent research findings, citing ke

Managing Electronic Media
- Joan Van Tassel 2012-09-10

This college-level media management textbook reflects the changes in the media industries that have occurred in the past decade. Today's managers must address new issues that their predecessors never faced, from the threats of professional piracy and casual copying of digital media products, to global networks, on-demand consumption, and

changing business models. The book explains the new new vocabulary of media moguls, such as bandwidth, digital rights management, customer relations management, distributed work groups, centralized broadcast operations, automated playlists, server-based playout, repurposing, mobisodes, TV-to-DVD, and content management. The chapters logically unfold the ways that managers are evolving their practices to make content, market it, and deliver it to consumers in a competitive, global digital marketplace. In addition to media companies, this book covers management processes that extend to all content-producing organizations, because today's students are as likely to produce high-quality video and Web video for ABC Computer Sales as they are for the ABC Entertainment Television Network.

Essentials of Nursing Leadership and Management - Ruth M. Tappen 2004-01

This new edition focuses on

preparing your students to assume the role as a significant member of the health-care team and manager of care, and is designed to help your students transition to professional nursing practice. Developed as a user-friendly text, the content and style makes it a great tool for your students in or out of the classroom. (Midwest).

Practice of Advertising - Adrian Mackay 2007-03-30

The Practice of Advertising addresses key issues in the industry, presenting a comprehensive overview of its components. Clarity in both style and content has been ensured so that the information is easily accessible and terminology is suitable for the reader. Based on the successful and highly regarded text previously edited by Norman Hart, this fifth edition contains up-to-date examples to illustrate key points and support underlying principles. Topics addressed range from introducing the roles of advertiser and the advertising agency, through to more

specialised areas of advertising such as recruitment and directory advertising. The specialist knowledge gained from the contributors provides a valuable insight for practitioners and students wishing to gain a solid grounding in the subject. By looking at the current situation as well as considering developments likely to occur in the future, the text demonstrates how best to implement existing methods as well as considering how improvements can be made.

The Adult Learner - Malcolm S. Knowles 2014-12-05

How do you tailor education to the learning needs of adults? Do they learn differently from children? How does their life experience inform their learning processes? These were the questions at the heart of Malcolm Knowles's pioneering theory of andragogy which transformed education theory in the 1970s. The resulting principles of a self-directed, experiential, problem-centered approach to learning have been hugely influential

and are still the basis of the learning practices we use today. Understanding these principles is the cornerstone of increasing motivation and enabling adult learners to achieve. This eighth edition has been thoughtfully updated in terms of structure, content, and style. On top of this, online material and added chapter-level reflection questions make this classic text more accessible than ever. The new edition includes: Two new chapters: Neuroscience and Andragogy, and Information Technology and Learning. Updates throughout the book to reflect the very latest advancements in the field. A companion website with instructor aids for each chapter. If you are a researcher, practitioner or student in education, an adult learning practitioner, training manager, or involved in human resource development, this is the definitive book in adult learning that you should not be without.

Project Finance in Theory and Practice - Stefano Gatti

2012-08-22

Stefano Gatti describes the theory that underpins this cutting-edge industry, and then provides illustrations and examples from actual practice to illustrate that theory.

High-Intensity Exercise in Hypoxia - Beneficial Aspects and Potential Drawbacks -

Olivier Girard 2018-01-25

In the past, 'traditional' moderate-intensity continuous training (60-75% peak heart rate) was the type of physical activity most frequently recommended for both athletes and clinical populations (cf. American College of Sports Medicine guidelines). However, growing evidence indicates that high-intensity interval training (80-100% peak heart rate) could actually be associated with larger cardiorespiratory fitness and metabolic function benefits and, thereby, physical performance gains for athletes. Similarly, recent data in obese and hypertensive individuals indicate that various mechanisms - further improvement in endothelial

function, reductions in sympathetic neural activity, or in arterial stiffness - might be involved in the larger cardiovascular protective effects associated with training at high exercise intensities. Concerning hypoxic training, similar trends have been observed from 'traditional' prolonged altitude sojourns ('Live High Train High' or 'Live High Train Low'), which result in increased hemoglobin mass and blood carrying capacity. Recent innovative 'Live Low Train High' methods ('Resistance Training in Hypoxia' or 'Repeated Sprint Training in Hypoxia') have resulted in peripheral adaptations, such as hypertrophy or delay in muscle fatigue. Other interventions inducing peripheral hypoxia, such as vascular occlusion during endurance/resistance training or remote ischemic preconditioning (i.e. succession of ischemia/reperfusion episodes), have been proposed as methods for improving subsequent exercise performance or altitude

tolerance (e.g. reduced severity of acute-mountain sickness symptoms). Postulated mechanisms behind these metabolic, neuro-humoral, hemodynamics, and systemic adaptations include stimulation of nitric oxide synthase, increase in anti-oxidant enzymes, and down-regulation of pro-inflammatory cytokines, although the amount of evidence is not yet significant enough. Improved O₂ delivery/utilization conferred by hypoxic training interventions might also be effective in preventing and treating cardiovascular diseases, as well as contributing to improve exercise tolerance and health status of patients. For example, in obese subjects, combining exercise with hypoxic exposure enhances the negative energy balance, which further reduces weight and improves cardio-metabolic health. In hypertensive patients, the larger lowering of blood pressure through the endothelial nitric oxide synthase pathway and the

associated compensatory vasodilation is taken to reflect the superiority of exercising in hypoxia compared to normoxia. A hypoxic stimulus, in addition to exercise at high vs. moderate intensity, has the potential to further ameliorate various aspects of the vascular function, as observed in healthy populations. This may have clinical implications for the reduction of cardiovascular risks. Key open questions are therefore of interest for patients suffering from chronic vascular or cellular hypoxia (e.g. work-rest or ischemia/reperfusion intermittent pattern; exercise intensity; hypoxic severity and exposure duration; type of hypoxia (normobaric vs. hypobaric); health risks; magnitude and maintenance of the benefits). Outside any potential beneficial effects of exercising in O₂-deprived environments, there may also be long-term adverse consequences of chronic intermittent severe hypoxia. Sleep apnea syndrome, for instance, leads to oxidative

stress and the production of reactive oxygen species, and ultimately systemic inflammation. Postulated pathophysiological changes associated with intermittent hypoxic exposure include alteration in baroreflex activity, increase in pulmonary arterial pressure and hematocrit, changes in heart structure and function, and an alteration in endothelial-dependent vasodilation in cerebral and muscular arteries. There is a need to explore the combination of exercising in hypoxia and association of hypertension, developmental defects, neuro-pathological and neuro-cognitive deficits, enhanced susceptibility to oxidative injury, and possibly increased myocardial and cerebral infarction in individuals sensitive to hypoxic stress. The aim of this Research Topic is to shed more light on the transcriptional, vascular, hemodynamics, neuro-humoral, and systemic consequences of training at high intensities under various hypoxic conditions.

Research Methodology in the Medical and Biological Sciences - Petter Laake
2007-11-05

Providing easy-to-access information, this unique sourcebook covers the wide range of topics that a researcher must be familiar with in order to become a successful experimental scientist. Perfect for aspiring as well as practicing professionals in the medical and biological sciences it discusses a broad range of topics that are common, yet not traditionally considered part of formal curricula. The information presented also facilitates communication across conventional disciplinary boundaries, in line with the increasingly multidisciplinary nature of modern research projects. Perfect for students with various professional backgrounds providing a broad scientific perspective Easily accessible, concise material makes learning about diverse methods achievable in today's fast-paced world

Sports-Specific Rehabilitation -
Robert A. Donatelli, PhD, PT,
OCS 2006-10-11

A comprehensive resource for focusing on returning injured athletes to their optimal performance! This book discusses exercise principles; muscle fatigue, muscle damage, and overtraining concepts; pathophysiology of overuse injuries; core evaluation in sports-specific testing; physiological basis of exercise specific to sport; and special considerations for the athlete. Special features such as evidence-based clinical application boxes provide the reader with a solid body of research upon which to base their practice. Aligned to the Guide to Physical Therapy Practice to help learn how to work with athletes' injuries and help them make a physical comeback while following best practices. Incorporation of muscle physiology demonstrates it as the basis for athlete's exercise prescription. Coverage of pathophysiology of overuse injuries illustrates the damage to the musculoskeletal

system. Inclusion of treatment and training approaches for athletic rehabilitation shows how to restore the musculoskeletal system back to full flexibility, strength, power, and endurance. Evidence-based clinical application boxes found throughout the book cite key studies and provide real-world application to a clinical setting. Extensive photographs show hands-on demonstrations of important rehabilitation techniques, helping the clinician to accurately apply them during treatment.

Hollywood Drive - Eve Light
Honthaner 2013-07-18

"Hollywood Drive: What it Takes to Break in, Hang in & Make it in the Entertainment Industry is the essential guide to starting and succeeding at a career in film and TV. Written by a Hollywood insider, Eve Honthaner's invaluable advice will give those attempting to enter and become successful in the entertainment industry the edge they need to stand out among the intense competition." "Hollywood Drive goes beyond what it takes to

get you foot in the door by offering you the tools, attitude, philosophy and road map you'll need to give yourself a good fighting chance at success - whether you're looking for your very first job or for a strategy to move your career to the next level. This book will allow you to proceed with your eyes wide open, knowing exactly what to expect."

American Psychiatric Association Practice Guidelines

- American Psychiatric Association 1996
The aim of the American Psychiatric Association Practice Guideline series is to improve patient care. Guidelines provide a comprehensive synthesis of all available information relevant to the clinical topic. Practice guidelines can be vehicles for educating psychiatrists, other medical and mental health professionals, and the general public about appropriate and inappropriate treatments. The series also will identify those areas in which critical information is lacking and in which research could be

expected to improve clinical decisions. The Practice Guidelines are also designed to help those charged with overseeing the utilization and reimbursement of psychiatric services to develop more scientifically based and clinically sensitive criteria.

ABC of Prehospital

Emergency Medicine - Tim

Nutbeam 2013-09-23

Prehospital Emergency Medicine (PHEM) is a new and evolving field within Prehospital Care and involves the delivery of safe prehospital critical care to seriously ill or injured patients, and safe transfer to or between hospitals. It covers a broad range of medical and traumatic conditions, interventions, clinical providers and physical environments. ABC of Prehospital Emergency Medicine is the first text to provide a comprehensive overview of this field and with an international team of expert authors is essential reading to anyone involved in the delivery of Prehospital Emergency Medicine and Prehospital Care.

This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from iTunes, Google Play or the MedHand Store.

Fundamentals of Air Pollution 2e - Arthur C. Stern 1984-05-28

Fundamentals of Air Pollution, Second Edition discusses the basic chemistry, physics, and engineering of air pollution.

This edition explores the processes and equipment that produce less pollution in the atmosphere. This book is comprised of six parts encompassing 28 chapters.

This text starts with an overview of the predominant air pollution problems during the Industrial Revolution, including smoke and ash produced by burning oil or coal in the boiler furnaces of power plants, marine vessels, and locomotives. This edition then explores the mathematical models of atmospheric transport and diffusion and discusses the air pollution control in communities. Other chapters deal with atmospheric chemistry, control technology, and visibility through the

atmosphere. This book further examines the regulatory concepts that have become more significant, such as the bubble concept, air quality, emission standards, and the trading and banking of emission rights. Air pollution scientists, atmospheric scientists, ecologists, engineers, educators, researchers, and students will find this book extremely useful.

Security Science - Clifton Smith 2012-12-31

Security Science integrates the multi-disciplined practice areas of security into a single structured body of knowledge, where each chapter takes an evidence-based approach to one of the core knowledge categories. The authors give practitioners and students the underlying scientific perspective based on robust underlying theories, principles, models or frameworks.

Demonstrating the relationships and underlying concepts, they present an approach to each core security function within the context of both organizational security

and homeland security. The book is unique in its application of the scientific method to the increasingly challenging tasks of preventing crime and foiling terrorist attacks. Incorporating the latest security theories and principles, it considers security from both a national and corporate perspective, applied at a strategic and tactical level. It provides a rational basis for complex decisions and begins the process of defining the emerging discipline of security science. A fresh and provocative approach to the key facets of security

Presentation of theories and models for a reasoned approach to decision making
Strategic and tactical support for corporate leaders handling security challenges
Methodologies for protecting national assets in government and private sectors
Exploration of security's emerging body of knowledge across domains

Transoral Robotic Surgery (TORS) - Gregory S. Weinstein
2011-09-05

Illustrated Textbook of Paediatrics - Tom Lissauer
2017-02-09

Thoroughly revised and updated, the fifth edition of this prize-winning title retains the high level of illustration and accessibility that has made it so popular worldwide with medical students and trainees approaching clinical specialty exams. Illustrated Textbook of Paediatrics has been translated into eight languages over its life. Case studies. Summary boxes. Tips for patient education. Highly illustrated with 100s of colour images. Diseases consistently presented by Clinical features; Investigations; Management; Prognosis; and, where appropriate, Prevention. Separate chapters on Accidents
Child protection
Diabetes and endocrinology
Inborn Errors of Metabolism
New chapter on Global child health
New co-editor, Will Carroll, Chair of MRCPCH Theory Examinations.

Clinical Practice Guidelines For Chronic Kidney Disease - 2002

Mergers, Acquisitions, and
Other Restructuring Activities -
Donald DePamphilis
2011-08-22

Two strengths distinguish this textbook from others. One is its presentation of subjects in the contexts wherein they occur.

The other is its use of current events. Other improvements have shortened and simplified chapters, increased the numbers and types of pedagogical supplements, and expanded the international appeal of examples.